



ISLAND SOUL MENU

/ SHAREABLES

TOSTONES 14



Fried Green Plantains, Red Onions, Garlic, Tomatoes

WINGS 15



- CALYPSO: Mango, Pineapple, Lemon, Brown Sugar
- HABANERO: Bell Pepper, Vinegar, Habanero
- JERK: Allspice, Habanero, Thyme
- LEMON PEPPER
- PLAIN

SMOKED PORK RIB TIPS 16



- BBQ: Molasses Base, Pineapple Juice, House Spices
- JERK: Allspice, Habanero, Thyme

JAMAICAN PATTIES 17

- BEEF: Ground Beef, Onions, Garlic, Black Pepper
- CHICKEN: Chicken, Bell Peppers, House Curry

ISLAND CURRY MUSSELS* 18



Mussels, House Curry, Coconut Milk, House Spices, Toast

PRAWNS* 18



- CAJUN CREAM: Cajun Seasoning, Coconut Milk
- GARLIC BUTTER: Prawns, Garlic, Tomatoes, Butter, Wine
- HABANERO: Sweet Chili, Garlic, Tomatoes, Bobbanero Sauce

SALAD

- JERK CAESAR* - Jerk Chicken, Parmesan, Croutons, Caesar 17
- SALMON SALAD* - Grilled Salmon, Sweet Balsamic 19

MAC N' CHEESE



- BACON: Bacon, Béchamel Cheese, Penne 20
- JERK CHICKEN: Jerk Chicken, Béchamel Cheese, Penne 21
- OXTAIL: Oxtails, Béchamel Cheese, Penne 32
- PRAWNS: Prawns, Béchamel Cheese, Penne 22

/ BURGERS, PO'BOYS

CHOICE OF FRIES OR SWEET POTATO FRIES • SUBSTITUTION SIDE +\$2

CHEESEBURGER + FRIES* 18



Beef Patty, Jerk Mayo, Lettuce, Tomato, Pickles, Provolone or American Cheese

CATFISH PO'BOY + FRIES 20



Southern Fried Catfish, Jerk Mayo, Soul Slaw

CHICKEN SANDWICH + FRIES 21



CHOICE OF: Fried Chicken OR Grilled Jerk Chicken
Chicken, Jerk Mayo, Lettuce, Tomato, Pickles, Provolone or American Cheese

SOUL BURGER + FRIES* 23



Beef Patty, Beef Hot Link, Bacon, Jerk Mayo, Fried Egg, Provolone or American Cheese

/ ENTREE + 1 SIDE

POPULAR ITEMS

OXTAIL STEW 42

Oxtail, Bell Peppers, Lima Beans, Potatoes, Rice

CURRY CHICKEN 23



Chicken, Onions, Peppers, Potatoes, House Curry

FRIED CATFISH 21



Southern Fried Catfish

GUMBO 22

Beef Hot Link, Jerk Chicken

CURRY CHICKPEAS 16



Chickpeas, Garlic, Onions, Curry, Coconut Milk

VATAPA 16



ADD: Prawns +\$7 | Tofu +\$4

Vegetable Medley, Garlic, Coconut Milk, Sweet Chili

JERK CHICKEN 22



Allspice, Thyme, Black Pepper, Garlic, Onion, Cloves, Nutmeg

WHOLE FISH* 32



Escovitch: Vinegar, Garlic, Onions, Bell Peppers, Carrots

/ SIDES

FESTIVAL (HUSH PUPPIES) 5



Flour, Sugar, Salt, Baking Powder, Butter

BASMATI RICE 6



COCONUT CORN MUFFIN 6



Coconut Flakes, Brown Sugar

PLANTAINS 7



Sliced Plantains, Brown Sugar, Mango

RICE & PEAS 7



Rice, Coconut Milk, Garlic, Onions, Bell Peppers

COLLARD GREENS 7



Collards, Vinegar, Carrots, Bell Peppers

SAUTÉED VEGGIES 7



Vegetable Medley, Salt, Pepper, Butter

FRIED OKRA 7



SOUL SLAW 7



Cabbage, Carrots, Vinegar, Sweet Chili Sauce

SWEET POTATO FRIES 7



FRIES 7



MAC N CHEESE 8



Penne Pasta, House-Cheese Blend, House Spices



DAIRY



EGGS



FISH



GLUTEN-FREE



VEGAN



VEGETARIAN



SPICY